



# Women's Development Cell

## UNIVERSITY OF KASHMIR

*North Campus, Delina Baramulla*

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### Concept Note:

### International Women's Day Panel Discussion on Men and Gender Stereotypes

#### **Background:**

International Women's Day (IWD) is celebrated annually on March 8th to commemorate the social, economic, cultural, and political achievements of women globally. This year's campus WDC event focuses on the theme "**Men and Gender Stereotyping**". The topic is chosen with the aim to encourage individuals to challenge gender biases, stereotypes, and inequality in all aspects of society. While the focus is often on women's empowerment, it is equally important to recognize the role of men in addressing gender stereotypes and promoting gender equality. Men can play an important role in challenging and breaking gender stereotypes. The event aims to promote awareness, dialogue, and action towards gender equality, creating a more inclusive and equitable society for all. To mark this day, a panel discussion will be organized to explore the role of men in promoting gender equality and breaking down gender stereotypes. The panelists will share their experiences, insights, and perspectives on how men can be allies in the fight for gender equality.

#### **Objectives:**

The main objectives of the panel discussion are:

1. To examine the impact of gender stereotypes on men's and women's lives.
2. To explore the ways in which men can challenge and change gender stereotypes.
3. To highlight the importance of involving men in efforts to promote gender equality.

4. To provide a platform for dialogue and exchange of ideas among experts from different fields.

**Panelists:**

Dr. Syed Omar Farooq: Coordinator, Dept. of MCA, North Campus.

Mr. Bilal Ahmad Kaloo: Coordinator, Dept. of Teacher Education, North Campus.

Dr. Viqar u Nissa: Coordinator, Dept. of IMBA, North Campus.

Dr. Ameen Parray: Senior faculty member, Dept. of English, North Campus.

**Format:**

The panel discussion will be held at **IMBA Lecture Hall 2** and will last for one hour. Each panelist will be given 5-10 minutes to present their perspectives on the topic, followed by a moderated discussion and Q&A session. The panel will be moderated by Dr. Maleeha Gul-Convener WDC. Dr. Maleeha has a rich experience in facilitating discussions on gender and diversity issues.

**Expected Outcomes:**

The expected outcomes of the panel discussion are:

1. Increased awareness and understanding of the impact of gender stereotypes on men's and women's lives.
2. Identification of effective strategies for challenging and changing gender stereotypes.
3. Highlighting the importance of involving men in efforts to promote gender equality.
4. Promotion of dialogue and exchange of ideas among experts from different fields.

**Conclusion:**

The panel discussion on "Men and Gender Stereotypes" is an important opportunity to explore the role of men in promoting gender equality and breaking down gender stereotypes. The discussion will bring together experts from different fields to share their perspectives and insights, and to identify effective strategies for creating a more gender-equal society.